



MARCH | 2025

GMN SENIOR SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Johnny Marzetti Spinach Salad Corn Warm Apple Sauce Breadstick	4 Roast Beef w/ Gravy Whipped Potatoes Asparagus Fruit Cocktail Bread Cookie	5 Grilled Cheese HDM Pimento Cheese Tomato Soup Broccoli Salad Apple Crisp	6 Hamburger Gravy Whipped Potatoes Carrots Juice Bread	7 Breaded Fish w/Cheese Sandwich Tater Tots Green Beans Juice
10 Chef Salad Broccoli Soup Peaches Crackers Fruit Muffin	11 Parm. Garlic Chicken Scalloped Potatoes Italian Blend Veggie Grapes Bread Cookie	12 Pork Loin w/ Gravy Sweet potatoes Capri Blend Veggie Applesauce Dinner Roll	13 Mex Beef & Rice Casserole Shredded lettuce w/tomato Salsa Mandarin Oranges Tortilla Chips	14 Egg Salad Veggie Soup Potato Salad Pineapple Crackers
17 Chicken Patty Augratin Potatoes Capri Blend Apricots	18 Ham & Bean Soup Pickled Beets Cole Slaw Mandarin Oranges Corn Bread	19 Baked Steak w/ Gravy Mashed Potatoes Winter Blend Fruit Salad Bread Brownie	20 Turkey Sausage Gravy Boiled Egg Hashbrowns Orange Juice Biscuit	21 Italian Baked Pasta Tossed Salad Peas Baked Apples Bread Stick
24 Turkey Tetrazzini Peas Buttered Beets Mandarin Oranges Bread	25 Lemon Pepper Chicken Breast Roasted Potatoes Brussel Sprouts Fruit Parfait Dinner Roll	26 Sloppy Joe Potato Soup California Blend Banana Crackers	27 Swiss Steak Mashed Potatoes Glazed Carrots Tropical Fruit Bread	28 Baked Macaroni & Cheese Stewed Tomatoes Cauliflower Pineapple Bread
31 Chicken Pot Pie Tossed Salad Juice Biscuit	1	2	3	4

News

Call to Reserve your Lunch
by 9:30 am

Monroe 740-472-1312

Noble 740-732-5129

Suggested Donation is
\$2.50 over 60 yrs old and
\$4.00 under 60

Lisa Carpenter, Senior
Services Director



"In like a lion, out like a
lamb" has always seemed
a straightforward enough
proverb: when March
starts, it's still winter, and
by the end of the month
spring has begun.

EQUAL OPPORTUNITY PROVIDER