




DECEMBER | 2024

GMN SENIOR SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Shredded Chicken w/ Bun Cabbage Soup Pea Salad Pineapple Crackers	3 Taco Pie Shredded Lettuce and Tomato Refried Beans Tropical Fruit Rice Krispie Sour Cream and Salsa	4 Breaded Pork Chop w/ Gravy Whipped Potatoes Carrots Fluffy Cran Raspberry Salad Bread Cookie	5 Baked Steak Augratin Potatoes Squash Casserole Peaches Bread Vanilla Wafers	6 Turkey Tetrazzini Green Beans Cauliflower Fruit Cup Bread
9 Cranberry Chicken Breast Feather River Potatoes Beets Banana Bread Cookie	10 Baked Fish Pea Salad Stewed Tomatoes Fruit w/ Jello Mac & Cheese Bread	11 Breakfast Sandwich Home Fries Stewed Tomatoes Juice	12 Turkey Salisbury Steak Whipped Potatoes Carrots Fruit Cup Dinner Roll	13 Ham Loaf Augratin Potatoes Brussel Sprouts Diced Pears w/ Jello Dinner Roll
16 Ground Beef Veggie Soup Spinach Salad Juice Dinner Roll	17 Teriyaki Pork Chop Scalloped Potatoes Italian Blend Pineapple Bread Cookie	18 Turkey Wrap Potato Soup Mandarin Oranges w/ Jello Crackers	19 Shredded Beef Sandwich Hashbrown Casserole California Blend Fruit Parfait	20 Liver and Onions Roasted Potatoes Mixed Veggies Grapes Bread Brownie
23 Chicken Strips Baked Beans Cole Slaw Cherry Crisp Bread	24 Ham Sweet Potato Casserole Green Bean Casserole Juice Bread Cake	25 CLOSED HOLIDAY 	26 CLOSED HOLIDAY	27 Pimento Cheese Sandwich Tomato Soup Ranch Cole Slaw Juice Crackers
30 Pork Riblet Sandwich French Fries Creamed Spinach Watergate Salad	31 Smoked Sausage Sauerkraut Mashed Potatoes Apricots	1	2	3

News

Lunch is served at 11am

Call and reserve your spot by 9:30am

Monroe 740-472-1312

Noble 740-732-5129

Lisa Carpenter, Senior Services Director



"To appreciate the beauty of a snowflake it is necessary to stand out in the cold." — Aristotle