



# JANUARY | 2025

## GMN SENIOR SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 CLOSED NEW YEARS DAY	2 Chicken Pot Pie Tossed Salad Juice Biscuit	3 Chili w/Beans Baked Potato Winter Blend w/ Cheese Pears Corn Muffin Crackers
6 Ham and Noodle Casserole Carrots Lima Beans Juice Bread	7 Breaded Fish on Bun Tator Tots Green Beans Juice	8 Chicken Salad on Bun Veggie Soup Potato Salad Pineapple Crackers	9 Johnny Marzetti Spinach Salad Corn Applesauce Breadstick	10 Turkey w/Gravy Whipped Potatoes Asparagus Fruit Cocktail Bread Cookie
13 Smoked Sausage Whipped Potatoes Sauerkraut Mandarin Oranges Bread Brownie	14 Stuffed Pepper Mashed Potatoes Carrots Juice Bread	15 Teriyaki Chicken over Rice Cheesy Potatoes Stewed Tomatoes Orange Pineapple Fluff	16 Roast Pork Loin w/ Gravy Sweet Potatoes Capri Blend Veggies Applesauce Dinner Roll	17 Baked Fried Chicken Corn Casserole Green Beans Jello w/Fruit Bread
20 CLOSED HOLIDAY	21 Parm.Garlic Chicken Breast Scalloped Potatoes Italian Blend Grapes Bread /Cookie	22 Chef Salad Broccoli Soup Peaches Crackers Fruit Muffin	23 Italian Baked Pasta Tossed Salad Peas Baked Apples Breadstick	24 Baked Steak w/gravy Mashed Potatoes Winter Blend Fruit Salad Bread Brownie
27 Chicken Patty on Bun Augratin Potatoes Capri Blend Apricots	28 Turkey Sausage Gravy Boiled Egg Hashbrowns Mandarin Oranges Juice Biscuit	29 Lemon Pepper Chicken Roasted Potatoes Brussel Sprouts Fruit Parfait Dinner Roll	30 Sloppy Joe on Bun Scalloped Potatoes California Blend Banana	31 Swiss Steak Mashed Potatoes Orange Glazed Carrots Tropical Fruit Bread

### News

Call and Reserve your Lunch by 9:30am

Lunch is served at 11am

Monroe: 740-472-1312

Noble: 740-732-5129

Lisa Carpenter, Senior Services Director

“January is the first month of a 365-page book. Write a good one.” – Brad Paisley