

Revised 9/11/2023

GMN Tri-County CAC, Inc.

Congregate/Home Delivered Meals

Ingredient List

Entrees:

Asian Meatballs	Ground Beef. Soy Sauce. Garlic, Sesame oil. Ginger.
Baked Chicken Breast	Chicken. CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None. Cranberry sauce added to Cranberry Chicken breast.
Baked Green Tomatoes	Green Tomatoes, Greek Yogurt, Buttermilk, Flour
Beef Stroganoff	Beef Sirloin Kabob. COMMON ALLERGENS PRESENT: None Fresh Sliced Mushrooms. COMMON ALLERGENS PRESENT: None Onion. COMMON ALLERGENS PRESENT: none SALT, BEEF FAT (BHA, PROPYL GALLATE AND CITRIC ACID ADDED TO PROTECT FLAVOR), DEXTROSE, HYDROLYZED SOY PROTEIN, CORN GLUTEN AND WHEAT PROTEIN (CONTAINS SALT, CARAMEL COLOR), FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, ONION POWDER, CARAMEL COLOR, BEEF EXTRACT, LACTIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL FLAVORING, OLEORESIN PAPRIKA, SULFITING AGENTS. COMMON ALLERGENS PRESENT: Soy, Wheat Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat Cultured milk, cream, whey, less than 2% of food starch - modified(corn), sodium phosphate, guar gum, carrageenan, calcium

	<p>sulfate, locust bean gum, potassium sorbate (preservative). COMMON ALLERGENS PRESENT: Milk</p> <p>DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, Eggs, Niacin IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. COMMON ALLERGENS PRESENT: Wheat, Egg</p>
Big Mac Salad	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None</p> <p>Lettuce, Tomatoes, Onions, Dill Pickles</p> <p>Allergens Present: None</p> <p>Thousand Island Dressing. SOYBEAN OIL, WATER, SUGAR, SWEET RELISH (CUCUMBERS, SUGAR, VINEGAR, SALT, MUSTARD SEED, XANTHAN GUM, CELERY SEED, DRIED BELL PEPPER, NATURAL FLAVOR, TURMERIC, DRIED ONION), TOMATO PASTE, DISTILLED VINEGAR, SALT, MODIFIED CORN STARCH, EGG YOLK, MUSTARD FLOUR, XANTHAN GUM, DRIED ONION, PHOSPHORIC ACID, DRIED BELL PEPPER, AUTOLYZED YEAST EXTRACT, CALCIUM DISODIUM EDTA (TO PROTECT QUALITY). COMMON ALLERGENS PRESENT: EGG</p>
Hamburger/ Cheeseburger	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None</p> <p>American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy</p>
Chicken Cacciatore	<p>Chicken, Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. COMMON ALLERGENS PRESENT: Soy: Olive Oil, Celery,</p>

	Onion, Red Pepper, Garlic, Diced tomatoes, Tomato Paste
Chicken Cobb Salad	Chicken Strips, Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. COMMON ALLERGENS PRESENT: Soy: Lettuce, Egg, Bleu Cheese (Pasteurized Milk, Cheese Culture, Salt Enzymes, Penicillium Roquefortii, Natamycin [A Natural Mold Inhibitor]). Anti-Caking Agent (Powdered Cellulose). COMMON ALLERGENS PRESENT: Milk. Peas, Cucumbers, Tomatoes
Chicken, Fried	Chicken CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None. Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat.
Chicken & Noodles	Chicken CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None Durum wheat semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat, Egg
Chicken Fried Rice	Chicken CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None Brown Rice, mixed vegetables, soy sauce, eggs, onions, butter, garlic. ALLERGENS PRESENT: Egg
Chicken Dump Casserole	Chicken CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None.

	<p>Fresh Sliced Mushrooms. COMMON ALLERGENS PRESENT: None</p> <p>Broccoli: COMMON ALLERGENS PRESENT: None</p> <p>Parboiled brown rice. COMMON ALLERGENS PRESENT: None</p> <p>CHICKEN STOCK, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF: CHICKEN FAT, CHICKEN MEAT, CREAM (MILK), WHEAT FLOUR, SALT, VEGETABLE OIL, DEHYDRATED WHEY, WATER, WHEY PROTEIN CONCENTRATE, YEAST EXTRACT, FLAVORING, BETA CAROTENE, SOY PROTEIN ISOLATE, SODIUM PHOSPHATE, CELERY EXTRACT, DEHYDRATED CHICKEN, ONION EXTRACT. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.</p> <p>SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg</p> <p>Milled corn, sugar, malt flavor, contains 2% or less of salt. Vitamins and Minerals: Iron (ferric phosphate), niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3. vitamin B12. COMMON ALLERGENS PRESENT: None. MAY CONTAIN: Soy</p>
<p>Chicken Parmesan</p>	<p>TOMATOES (TOMATOES, TOMATO PUREE, SALT, CALCIUM CHLORIDE, CITRIC ACID), COOKED ENRICHED MACARONI PRODUCT (WATER, SEMOLINA [WHEAT], NIACIN, IRON [FERROUSSULFATE], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), FRIED CHICKEN BREAST PIECES(CHICKEN BREAST MEAT, WATER, BLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CORN STARCH, SOY SAUCE [WATER, WHEAT,SOYBEANS, SALT], CONTAINS LESS THAN 2%:</p>

	<p>CARRAGEENAN, DEXTROSE, GARLIC, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE], NATURAL FLAVOR, NONFAT DRY MILK, SALT, SUGAR, TORULA YEAST, WHOLE EGGS, FULLY COOKED IN VEGETABLE OIL), WATER, MOZZARELLA CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), ROMANO CHEESE (PASTEURIZED PART- SKIM COWS MILK, CHEESE CULTURES, SALT, ENZYMES), PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), EXTRA VIRGIN OLIVE OIL, ONION, GARLIC (GARLIC, WATER), SPICES, EVAPORATED CANE SYRUP, RICE STARCH, SALT. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.</p>
<p>Chicken Patty</p>	<p>Chicken Breast With Rib Meat, Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], And Cyanocobalamin [B12]), Soy Protein Concentrate, Contains 2% Or Less Of: Salt, Sodium Phosphate, Hydrolyzed Corn Protein, Autolyzed Yeast Extract, Dehydrated Onion, Spices, Natural Flavors, Spice Extractive. Breaded And Battered With: Whole Wheat Flour, Enriched Wheat Flour (Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains 2% Or Less Of: Salt, Modified Food Starch, Extractives Of Paprika And Annatto, Spices, Natural Flavors, Dextrose, Spice Extractive. Set In Vegetable Oil. COMMON ALLERGENS PRESENT: Soy, Wheat</p>
<p>Chicken Strips</p>	<p>Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn</p>

	Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. COMMON ALLERGENS PRESENT: Soy
White Chili	Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. COMMON ALLERGENS PRESENT: Soy, Onions, Garlic, Chicken broth, White Kidney Beans, Oregano, Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Anticake (Potato Starch, Powdered Cellulose). COMMON ALLERGENS PRESENT: MILK.
Chili	Beef Chuck. COMMON ALLERGENS PRESENT: None Tomatoes, tomato juice, less than 2% of: salt, calcium chloride, citric acid. COMMON ALLERGENS PRESENT: NONE Light Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride. COMMON ALLERGENS PRESENT: None Chili pepper and other spices, salt, dehydrated garlic. COMMON ALLERGENS PRESENT: None
Corn Beef, Mustard Glazed	Corned Beef Brisket COMMON ALLERGENS PRESENT: None, Corn Syrup Corn syrup, water, potassium sorbate- a preservative, natural flavor and phosphoric acid. COMMON ALLERGENS PRESENT: None, Mustard vinegar, mustard seed, turmeric, paprika and garlic powder. COMMON ALLERGENS PRESENT: None
Creamed Dried Beef	Beef, Salt, Sugar, Sorbitol, Sodium Erythorbate, Sodium Nitrite. COMMON ALLERGENS PRESENT: None Bleached Wheat Flour, Niacin, Reduced Iron,

	<p>Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat</p> <p>Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk</p>
Cubed Steak	<p>Beef. COMMON ALLERGENS PRESENT: None</p>
Egg & Sausage Bake	<p>Eggs, Sausage, Pork, water, salt, corn syrup solids, spices, red pepper, fennel, garlic, paprika, lemon powder, flavorings.</p> <p>COMMON ALLERGENS PRESENT: None</p> <p>Cheddar Cheese CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED, ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK</p>
French Onion Soup	<p>Margarine, Onions, Black Pepper, Garlic Powder, Beef Broth, Bread, Povolone cheese milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non-sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy</p>
Grilled Cheese Sandwich	<p>American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non-sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy</p> <p>ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, SOYBEAN OIL, SALT, WHEAT PROTEIN ISOLATE, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), LACTIC ACID, NATURAL FLAVOR, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SOY LECITHIN. COMMON ALLERGENS PRESENT: Wheat, Soy</p>

Grilled Chicken Salad	Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. COMMON ALLERGENS PRESENT: Soy Lettuce, Cucumbers, Tomatoes, Onion. COMMON ALLERGENS PRESENT: None
Ham	Fresh pork hams cured with water, dextrose, salt, brown sugar, sodium phosphates, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: None
Ham Loaf	Fresh ham trimmings smoked ham (ham cured with water, salt, sodium phosphate, sodium erythorbate, sodium nitrite), water, sugar, autolyzed yeast, sodium nitrite, natural flavorings, parasol (potassium lactate and sodium diacetate). COMMON ALLERGENS PRESENT: None
Ham & Beans	Fresh pork hams cured with water, dextrose, salt, brown sugar, sodium phosphates, sodium erythorbate, sodium nitrite. COMMON ALLERGENS PRESENT: None GREAT NORTHERN BEANS, GREEN SPLIT PEAS, PINTO BEANS, SMALL RED BEANS, BABY LIMA BEANS, LIGHT RED KIDNEY BEANS, BLACK BEANS, BLACK EYE BEANS, DARK RED KIDNEY BEANS, GARBANZO BEANS, LARGE LIMA BEANS, LENTILS, NAVY BEANS, PINK BEANS, RED LENTILS, YELLOW SPLIT PEAS, SEASONING [SALT, MALTODEXTRIN, DEXTRONE, SUGAR, RENDERED BACON FAT AND BACON BITS(NATURAL SMOKE FLAVOR, WATER SALT, SUGAR, SODIUM SOPHATE, SODIUM, ASCORBATE, SODIUM NITRATE), NATURAL SMOKE FLAVOR, DISODIUM INOSINATE, AND DISODIUM GUANYLATE, NATURAL FLAVORS, GUM ARABIC, HYDROLYZED CORN GLUTEN,

	SMOKED PORK, NOT MORE THAN 2% SILICON DIOXIDE ADDED TO PREVENT CAKING]. COMMON ALLERGENS PRESENT: None.
Hamburger Gravy	Beef Chuck. COMMON ALLERGENS PRESENT: None Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat
Johnny Marzetti	Beef Chuck. COMMON ALLERGENS PRESENT: None Vine ripened tomatoes, tomato juice, salt, calcium chloride, citric acid. COMMON ALLERGENS PRESENT: None. Pasteurized milk, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk Ingredients Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat
Kielbassa	Pork, beef, water, salt, less than 2% of the following: flavoring, potassium lactate, sodium diacetate, sugar, sodium erythorbate, oleoresin of paprika, sodium nitrite. COMMON ALLERGENS PRESENT: None
Liver & Onions	Beef liver. COMMON ALLERGENS PRESENT: None. Yellow onions. COMMON ALLERGENS PRESENT: NONE
Macaroni & Cheese	Pasteurized milk, cheese cultures, salt, enzymes, and annatto vegetable color. COMMON ALLERGENS PRESENT: Milk Durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk
Mummy Dogs	Beef, water, salt, less than 2% of the following: flavoring, potassium lactate, sodium diacetate, sodium phosphate, sugar, sodium erythorbate, sodium nitrite, oleoresin

	<p>of paprika. COMMON ALLERGENS PRESENT: None.</p> <p>ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, PALMKERNEL OIL, BUTTERMILK, SUGAR, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, DATEM, WHEAT PROTEIN ISOLATE, NONFAT MILK, SODIUM ACID PYROPHOSPHATE, WHEY PROTEIN CONCENTRATE, MODIFIED CORN STARCH, WHEY, SODIUM CASEINATE, CREAM, PROPYLENE GLYCOL ALGINATE, NATURAL FLAVOR. COMMON ALLERGENS PRESENT: Milk, Wheat.</p>
Philly CheeseSteak Casserole	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None, green pepper, onion, garlic, pepper, provolone cheese, cream cheese, milk</p> <p>ALLERGENS PRESENT: MILK</p>
Pizza Burger	<p>Pattie Ingredients: Beef, Pasteurized Processed Mozzarella and American Cheese (Milk, Cheese Cultures, Salt Enzymes), Water, Cream Sodium Phosphates, Salt, Latic Acid, and Sorbic Acid (Preservative), Powdered Cellulose (to Prevent Caking), Potassium Sorbate and/or Natamycin (preservatives). Water, soy protein concentrate (fortified with zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate(B1), pyridoxine hydrochloride(B6), riboflavin(B2), cyanocobalamin(B12)), ketchup (contains: tomato concentrate, high fructose corn syrup ,distilled vinegar, corn syrup, salt, less than 2% of spice, onion powder, natural flavors.), dextrose, salt, spices, onion powder, paprika, garlic powder. Imported Parmesan Cheese (Contains: Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose, (Anti-Caking Agent). COMMON ALLERGENS PRESENT: Soy, Wheat.</p>
Polish Sausage	<p>Pork, beef, water, salt, less than 2% of the following: flavoring, potassium lactate,</p>

	sodium diacetate, sugar, sodium erythorbate, oleoresin of paprika, sodium nitrite. COMMON ALLERGENS PRESENT: None
Pork Chop	Pork chops, COMMON ALLERGENS PRESENT: None
Pork Ribette	Pork, water, textured soy protein concentrate, (fortified with zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine, mononitrate(B1), pyridoxine hydrochloride(B6), riboflavin(B2), cyanocobalamin(B12)), soy protein concentrate, sugar, tomato solids, brown sugar, salt, sodium phosphates, natural flavor, spices, caramel color, dextrose, onion, garlic, guar gum, spice extractives, disodium inosinate, disodium guanylate, hickory smoke oil, BHA and BHT. COMMON ALLERGENS PRESENT: Soy
Potato & Corn Soup	Potatoes, Celery, Onion, Corn, Chives
Pot Roast Sandwich	Smart Choice USDA Choice Whole Beef Inside Top Rounds, Boneless, 1/4 Inch Trim Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat Pasteurized milk, cheese cultures, salt, enzymes, and annatto vegetable color. COMMON ALLERGENS PRESENT: Milk
Rigatoni	Ground Beef. Tomato Concentrate (Water, Tomato Paste), Corn Syrup, Salt, Spices, Dehydrated Parsley, Citric Acid, Natural Flavor. COMMON ALLERGENS PRESENT: None. Cheese: PASTEURIZED MILK, SKIM MILK; CHEESE CULTURES; SALT; ENZYMES; POWDERED CELLULOSE (ADDED TO PREVENT CAKING); NATAMYCIN (ADDED AS A MOLD INHIBITOR). COMMON ALLERGENS PRESENT: Milk Pasta 100% Enriched Semolina. COMMON ALLERGENS PRESENT: Wheat
Roast Sausage with Apples & Parsnip	Potatoes, Apples, Parsnips, Broccolini, Sausage Pasteurized Cultured Skim Milk,

	Cream, Salt, Guar Gum, Locust Bean Gum, Mono and Diglycerides, Xanthan Gum, Carrageenan, Potassium Sorbate (to preserve freshness), Citric Acid, Vitamin A Palmitate, and Enzymes. COMMON ALLERGENS PRESENT: Milk.
Roast Turkey	Turkey. CONTAINS UP TO 18% OF A SOLUTION OF WATER, SALT, SUGAR, SODIUM PHOSPHATES. COMMON ALLERGENS PRESENT: None
Sausage Cheese Muffin	Pasteurized Cultured Skim Milk, Cream, Salt, Guar Gum, Locust Bean Gum, Mono and Diglycerides, Xanthan Gum, Carrageenan, Potassium Sorbate (to preserve freshness), Citric Acid, Vitamin A Palmitate, and Enzymes. COMMON ALLERGENS PRESENT: Milk. Whole Eggs, Water, Dry Whole Milk, Soybean Oil, Salt, Xanthan Gum, Citric Acid. COMMON ALLERGENS PRESENT: Egg, Milk American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color), water, cream, sodium citrate, color added, enzyme modified cheese, salt, sorbic acid added as a preservative, and soy lecithin(non-sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy Unbleached Enriched Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid) Water, Yeast, Contains 2% or Less of each of the following: Sugar, Soybean Oil, Organic Cultured Wheat Flour, Salt, Organic Wheat Flour, Citric Acid, Vinegar, Organic Whole Grain Cornmeal, Enzymes, Ascorbic Acid, Organic Vinegar. COMMON ALLERGENS PRESENT: Wheat
Shepherd's Pie	Ground Beef Red Potatoes, Mixed Vegetables, Sour Cream Cultured Skim Milk, Cream, Whey, Modified Cornstarch, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum, Potassium Sorbate (to preserve freshness). COMMON ALLERGENS PRESENT: Milk. Cheddar Cheese: CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED, ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK

Shredded Chicken Sandwich	Chicken CONTAINING UP TO 15% OF A SOLUTION OF WATER AND SEA SALT. COMMON ALLERGENS PRESENT: None WATER, VEGETABLE OIL (CORN, CANOLA, AND/OR SOYBEAN), MUSHROOMS, MODIFIED FOOD STARCH, WHEAT FLOUR, CONTAINS LESS THAN 2% OF: SALT, CREAM (MILK), SOY PROTEIN CONCENTRATE, YEAST EXTRACT, DEHYDRATED WHEY, FLAVORING, DEHYDRATED GARLIC. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy
Sloppy Joe	Beef Chuck. COMMON ALLERGENS PRESENT: None Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Less than 2% of: Salt, Sugar, Carrot Fiber, Dried Green and Red Bell Peppers, Chili Pepper, Guar Gum, Spices, Xanthan Gum, Dried Garlic, Natural Flavors, Citric Acid. COMMON ALLERGENS PRESENT: NONE
Spaghetti	Tomato Concentrate (Water, Tomato Paste), Corn Syrup, Salt, Spices, Dehydrated Parsley, Citric Acid, Natural Flavor. COMMON ALLERGENS PRESENT: None Durum Wheat Semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat
Sour Cream Noodle Bake	Ground Beef Chuck, COMMON ALLERGENS PRESENT" None Noodles, Tomato sauce, Cottage Cheese, COMMON ALLERGENS PRESENT: Milk, Sour Cream Cheddar cheese
Stuffed Cabbage	Beef Chuck. COMMON ALLERGENS PRESENT: None Cabbage. COMMON ALLERGENS PRESENT: None Vine Ripened Tomatoes, salt, dehydrated onions, dehydrated garlic, spices, natural flavorings, sweet bell pepper. COMMON ALLERGENS PRESENT: None.

<p>Stuffed Peppers</p>	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None Green Peppers. COMMON ALLERGENS PRESENT: None Parboiled brown rice. COMMON ALLERGENS PRESENT: None Vine Ripened Tomatoes, salt, dehydrated onions, dehydrated garlic, spices, natural flavorings, sweet bell pepper. COMMON ALLERGENS PRESENT: None.</p>
<p>Swedish Meatballs</p>	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None Fresh ham trimmings smoked ham (ham cured with water, salt, sodium phosphate, sodium erythorbate, sodium nitrite), water, sugar, autolyzed yeast, sodium nitrite, natural flavorings, parasol (potassium lactate and sodium diacetate). COMMON ALLERGENS PRESENT: None, potatoes, onions, Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat</p>
<p>Swiss Steak</p>	<p>Smart Choice USDA Choice Whole Beef Inside Top Rounds, Boneless, 1/4 Inch Trim Tomatoes, tomato juice, less than 2% of: salt, calcium chloride, citric acid. COMMON ALLERGENS PRESENT: NONE Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat</p>
<p>Taco Salad</p>	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None Lettuce, Onion, Tomato – COMMON ALLERGENS PRESENT: None Chili Pepper And Other Spices, Wheat Flour, Salt, Dextrose, Maltodextrin, Onion Powder, Garlic Powder, Silicon Dioxide (To Prevent Caking), Disodium Inosinate, Extractives of Paprika (As Color), Spice Extractives, Onion Extractives. COMMON ALLERGENS PRESENT: Wheat</p>

	<p>Pasteurized milk, cheese cultures, salt, enzymes, and annatto vegetable color. COMMON ALLERGENS PRESENT: Milk</p> <p>Water, Prepared Beans, Lard, Salt. COMMON ALLERGENS PRESENT: None</p>
Taco	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None</p> <p>Tomatoes, Lettuce, Onions, Allergens None</p> <p>Cheese, Sour Cream. Allergens Present: Milk Soy</p>
Taco Soup	<p>Beef Chuck. COMMON ALLERGENS PRESENT: None</p> <p>Corn. COMMON ALLERGENS PRESENT: None</p> <p>Chili Pepper And Other Spices, Wheat Flour, Salt, Dextrose, Maltodextrin, Onion Powder, Garlic Powder, Silicon Dioxide (To Prevent Caking), Disodium Inosinate, Extractives of Paprika (As Color), Spice Extractives, Onion Extractives. COMMON ALLERGENS PRESENT: Wheat</p> <p>Tomatoes, tomato juice, less than 2% of: salt, calcium chloride, citric acid. COMMON ALLERGENS PRESENT: NONE</p> <p>Light Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride. COMMON ALLERGENS PRESENT: None</p>
Tomato Soup	<p>TOMATO PUREE (WATER, TOMATO PASTE), WHEAT FLOUR, SUGAR, WATER, CONTAINS LESS THAN 2% OF: SALT, CITRIC ACID, FLAVORING, ASCORBIC ACID (VITAMIN C), CELERY EXTRACT, GARLIC OIL. COMMON ALLERGENS PRESENT: Wheat.</p> <p>Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk</p>
Tuna & Noodles	<p>Tuna, Water, Vegetable Broth and Salt. COMMON ALLERGENS PRESENT: Fish, Soy</p> <p>DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, Eggs, Niacin IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. COMMON ALLERGENS PRESENT: Wheat, Egg</p> <p>WATER, VEGETABLE OIL (CORN, CANOLA, AND/OR SOYBEAN), MUSHROOMS, MODIFIED FOOD STARCH, WHEAT FLOUR,</p>

	CONTAINS LESS THAN 2% OF: SALT, CREAM (MILK), SOY PROTEIN CONCENTRATE, YEAST EXTRACT, DEHYDRATED WHEY, FLAVORING, DEHYDRATED GARLIC. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy
Teriyaki Pork Chop	Pork, water, salt, sodium tripolyphosphate (30.06%), lemon juice concentrates. COMMON ALLERGENS PRESENT: None WATER, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), SUGAR, PINEAPPLE JUICE CONCENTRATE, RICE VINEGAR, BROWN SUGAR, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION JUICE, DISTILLED VINEGAR, ONION*, GARLIC*, SALT, SESAME SEED, AUTOLYZED YEAST EXTRACT, GREEN ONION*, RED BELL PEPPER*, SODIUM BENZOATE (A PRESERVATIVE), NATURAL FLAVOR, SPICE. *DEHYDRATED. COMMON ALLERGENS PRESENT: Soy, Wheat
Turkey Tetrazini	Turkey. CONTAINS UP TO 18% OF A SOLUTION OF WATER, SALT, SUGAR, SODIUM PHOSPHATES. COMMON ALLERGENS PRESENT: None Pimentos: Pimentos, water, citric acid. COMMON ALLERGENS PRESENT: None Onion/Green Peppers/Mushrooms – COMMON ALLERGENS PRESENT – None Salt, Dehydrated Chicken, Corn Flour, Dehydrated Vegetables (Onions, Carrots, Garlic), Chicken Fat (Includes Rosemary Extract (Antioxidant)), Sugar, Canola Oil, Spices (Includes Celery), Turmeric. COMMON ALLERGENS PRESENT: None Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat Cultured milk, cream, whey, less than 2% of food starch - modified(corn), sodium phosphate, guar gum, carrageenan, calcium sulfate, locust beangum, potassium sorbate (preservative). COMMON ALLERGENS PRESENT: Milk

	<p>Pasteurized milk, cheese cultures, salt, enzymes, and annatto vegetable color. COMMON ALLERGENS PRESENT: Milk Durum wheat semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg</p>
Turkey	<p>CONTAINS UP TO 18% OF A SOLUTION OF WATER, SALT, SUGAR, SODIUM PHOSPHATES. COMMON ALLERGENS PRESENT: None.</p>
Turkey Wrap	<p>Turkey Breast, Turkey Broth, Contains 2% or Less of the Following: Vinegar, Modified Food Starch, Dextrose, Salt, Sodium Phosphate, Turkey Fat, Natural Flavoring. COMMON ALLERGENS PRESENT: None</p> <p>Ingredients Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Palm Oil, Sugar, Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Fumaric Acid, Mono & Diglycerides, Calcium Propionate (a preservative), Enzyme, Dough Conditioner (Sodium Metabisulfite). COMMON ALLERGENS PRESENT: Wheat. American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy</p>
Vegetable Soup	<p>BEEF STOCK, WATER, CARROTS, POTATOES, TOMATO PUREE (WATER, TOMATO PASTE), PEAS, CONTAINS LESS THAN 2% OF: ENRICHED MACARONI PRODUCT (WHEAT FLOUR, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN, GREEN BEANS, POTATO STARCH, SALT, TOASTED BARLEY, SUGAR, RED PEPPERS, GREEN PEPPERS, VEGETABLE OIL, CELERY, YEAST</p>

	EXTRACT, MONOSODIUM GLUTAMATE, HYDROLYZED WHEAT GLUTEN, CARAMEL COLOR, PAPRIKA EXTRACT, CELERY EXTRACT, FLAVORING, SPICE, ONION OIL. COMMON ALLERGENS PRESENT: Egg, Wheat.
Zucchini Pizza Casserole	Zucchini, Eggs, Parmesan Cheese, Mozzarella Cheese, Cheddar Cheese, RBST Free Pasteurized Milk, Vinegar, Salt and Enzymes. COMMON ALLERGENS PRESENT: Milk. Ground Beef, Beef Chuck. COMMON ALLERGENS PRESENT: None Onion, Tomato Sauce, Green pepper

Potatoes

Au Gratin Potatoes	Raw Potato. COMMON ALLERGENS PRESENT: None. Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat
Baked Potato	Raw Potato. COMMON ALLERGENS PRESENT: None.
Cheesy Potatoes	Raw Potato. COMMON ALLERGENS PRESENT: None. Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a

	preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy
Hash Brown Casserole	<p>Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. COMMON ALLERGENS PRESENT: None.</p> <p>Cultured milk, cream, whey, less than 2% of food starch - modified(corn), sodium phosphate, guar gum, carrageenan, calcium sulfate, locust beangum, potassium sorbate (preservative). COMMON ALLERGENS PRESENT: Milk.</p> <p>CHICKEN STOCK, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF: CHICKEN FAT, CHICKEN MEAT, CREAM (MILK), WHEAT FLOUR, SALT, VEGETABLE OIL, DEHYDRATED WHEY, WATER, WHEY PROTEIN CONCENTRATE, YEAST EXTRACT, FLAVORING, BETA CAROTENE, SOY PROTEIN ISOLATE, SODIUM PHOSPHATE, CELERY EXTRACT, DEHYDRATED CHICKEN, ONION EXTRACT. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.</p> <p>Pasteurized milk, cheese cultures, salt, enzymes, and annatto vegetable color. COMMON ALLERGENS PRESENT: Milk</p>
Irish Potatoes	Raw Potato. COMMON ALLERGENS PRESENT: None. Margarine, Parsley
Mashed Potatoes	<p>Raw Potato. COMMON ALLERGENS PRESENT: None.</p> <p>Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk</p>
Spinach Mashed Potatoes	<p>Raw Potato. COMMON ALLERGENS PRESENT: None.</p> <p>Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk Fresh Spinach</p>
Potato Salad	<p>Raw Potato. COMMON ALLERGENS PRESENT: None.</p> <p>Shell Eggs. COMMON ALLERGENS PRESENT: Egg.</p> <p>Celery. Onion. COMMON ALLERGENS PRESENT: None</p> <p>SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS</p>

	THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg
Potato Soup	Raw Potato. COMMON ALLERGENS PRESENT: None. Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat
Red Potatoes	Raw Potato. COMMON ALLERGENS PRESENT: None.
Scalloped Potatoes	Raw Potato. COMMON ALLERGENS PRESENT: None. Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3. COMMON ALLERGENS PRESENT: Milk Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid. COMMON ALLERGENS PRESENT: Wheat
Sheet Pan Breakfast Potatoes	Raw Potato, Onion, Green pepper, seasonings COMMON ALLERGENS PRESENT: None
Stuffed Tomato	Tomato, Cottage Cheese, Pasteurized Cultured Skim Milk, Cream, Salt, Guar Gum, Locust Bean Gum, Mono and Diglycerides, Xanthan Gum, Carrageenan, Potassium Sorbate (to preserve freshness), Citric Acid, Vitamin A Palmitate, and Enzymes. COMMON ALLERGENS PRESENT: Milk. Egg Salad, or Tuna Salad
Tater Tots	Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color. COMMON ALLERGENS PRESENT: None.

Vegetables/Fruit

7 Layer Salad	Bacon, Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. COMMON ALLERGENS PRESENT: None; lettuce, onions, peas, cheddar cheese, CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED, ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK , cauliflower, mayonnaise, SOYBEAN OIL, EGG YOLKS, HIGH FRUCTOSE CORN SYRUP, WATER, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, CIDER VINEGAR, SPICE, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg; parmesan cheese CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED, ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK
Applesauce	Apples, water. Ascorbic acid added to maintain color. COMMON ALLERGENS PRESENT: None
Apricots	Apricots, Water, Pear Juice Concentrate. COMMON ALLERGENS PRESENT: None
Autumn Blend	Broccoli florets, cauliflower clusters, crinkle-cut sliced carrots, sliced zucchini and sliced yellow squash. COMMON ALLERGENS PRESENT: None
Baked Beans	VEGETARIAN BEANS (WHITE BEANS, WATER, SUGAR, TOMATO PASTE, CORN SYRUP, SALT, PAPRIKA, SPICE, CARAMEL COLOR, NATURAL FLAVORINGS, GARLIC POWDER), KETCHUP (TOMATO CONCENTRATE, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF MOLASSES, DEHYDRATED ONION, NATURAL FLAVORS, MODIFIED CORN STARCH, POTASSIUM SORBATE (TO RETARD

	SPOILAGE), COLOR (WATER, PROPYLENE GLYCOL, RED 40, RED 3, PROPYLPARABEN [PRESERVATIVE]), SALT, GRANULATED ONION, NATURAL SMOKE FLAVOR, XANTHAN GUM. COMMON ALLERGENS PRESENT: NONE.
Bananas	Bananas. COMMON ALLERGENS PRESENT: None
Beets	Beets, water, salt. COMMON ALLERGENS PRESENT: NONE
Black Beans	Black Beans, Water, Salt, Calcium Chloride. COMMON ALLERGENS PRESENT: None.
Broccoli	Broccoli. COMMON ALLERGENS PRESENT: None
Brussel Sprout Slaw	Brussels Sprouts. COMMON ALLERGENS PRESENT: NONE SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, DISTILLED VINEGAR, EGG YOLKS, SALT,CONTAINS LESS THAN 2% OF HORSERADISH*, SPICE(INCLUDES MUSTARD), XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, NATURAL FLAVOR (INCLUDES MUSTARD). *DEHYDRATED. COMMON ALLERGENS PRESENT: Egg Raisins: COMMON ALLERGENS PRESENT: None
Brussel Sprouts	Brussels Sprouts. COMMON ALLERGENS PRESENT: NONE
Cabbage, Fried	Cabbage, Chicken Broth Chicken Broth, and contains less than 2% of: Salt, Sea Salt, Chicken Fat, Sugar, Yeast Extract, Maltodextrin, Flavorings, Canola Oil, Dextrose, Disodium Inosinate, Disodium Guanylate, Onion Powder, Oleoresin Turmeric. COMMON ALLERGENS PRESENT: None, Butter SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS LESS THAN 2% OF SOY LECITHIN, POTASSIUM SORBATE (A PRESERVATIVE), VEGETABLE MONO & DIGLYCERIDES, CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED, WHEY. COMMON ALLERGENS PRESENT: Soy, Milk

California Blend	Zucchini, Yellow Squash, Carrots, Green Beans. COMMON ALLERGENS PRESENT: None
Capri Blend	Broccoli, Cauliflower, Carrots. COMMON ALLERGENS PRESENT: NONE.
Carrots	Carrots, water, salt, calcium chloride. COMMON ALLERGENS PRESENT: NONE
Cauliflower	Cauliflower. COMMON ALLERGENS PRESENT: NONE.
Cheesy Quinoa	Quinoa, garlic, mozzarella cheese PASTEURIZED MILK, SKIM MILK; CHEESE CULTURES; SALT; ENZYMES; POWDERED CELLULOSE (ADDED TO PREVENT CAKING); NATAMYCIN (ADDED AS A MOLD INHIBITOR). COMMON ALLERGENS PRESENT: Milk
Cole Slaw	Cabbage: COMMEN ALLERGENS PRESENT: None SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, DISTILLED VINEGAR, EGG YOLKS, SALT,CONTAINS LESS THAN 2% OF HORSERADISH*, SPICE(INCLUDES MUSTARD), XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, NATURAL FLAVOR (INCLUDES MUSTARD). *DEHYDRATED. COMMON ALLERGENS PRESENT: Egg
Corn	Corn, water, sugar, salt. COMMON ALLERGENS PRESENT: None
Cranberry Sauce	Cranberries,High Fructose Corn Syrup,Filtered Water,Corn Syrup. COMMON ALLERGENS PRESENT: None
Cucumber/Tomato Salad	Cucumber. COMMON ALLERGENS PRESENT: None Tomato. COMMON ALLERGENS PRESENT: None WATER, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, SALT, SOYBEAN OIL, CONTAINS LESS THAN 2% DEHYDRATED GARLIC AND ONION, XANTHAN GUM, DEHYDRATED RED BELL PEPPER, SODIUM BENZOATE ADDED AS A PRESERVATIVE, SPICE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, OLEORESIN TURMERIC AND PAPRIKA (COLORS). COMMON ALLERGENS PRESENT: None.

Edamame Corn Salad	Tomatoes, Edamame, Corn, Onions, Lime Juice, garlic, Olive Oil
Fruit Cocktail	DICED PEACHES, DICED PEARS, WATER, GRAPES, PEAR JUICE CONCENTRATE, PINEAPPLE SEGMENTS, HALVED CHERRIES ARTIFICIALLY COLORED RED WITH CARMINE. COMMON ALLERGENS PRESENT: None
Fruit & Cheese Plate	Cheese, American cheese (milk, cheese cultures, salt, enzymes, annatto vegetable color, if colored), water, cream, sodium citrate, color added, salt, sorbic acid added as a preservative, and soy lecithin (non sticking agent). COMMON ALLERGENS PRESENT: Milk, Soy Pineapple, Melon, Strawberries
Fruit Slaw	Pineapple, Honeydew, Cantaloupe, grapes, strawberries, Lemon, Lime
Grapes	Grapes, COMMON ALLERGENS PRESENT: None.
Green Beans	Green beans, water, salt. COMMON ALLERGENS PRESENT: None.
Italian Blend	Zucchini, cauliflower, carrots, Italian beans, lima beans. COMMON ALLERGENS PRESENT: none
Juice	Water, Juice Concentrate. COMMON ALLERGENS PRESENT: None
Mandarin Oranges	Whole mandarin orange segments, water, sugar. COMMON ALLERGENS PRESENT: None
Pacific Blend Vegetables	Broccoli cuts and cauliflower clusters. COMMON ALLERGENS: None.
Pea Salad	Green Peas. COMMON ALLERGENS PRESENT: None Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color, Anticake (Potato Starch, Powdered Cellulose). COMMON ALLERGENS PRESENT: MILK SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg.
Pears	Pears, Water, Pear Juice Concentrate. COMMON ALLERGENS PRESENT: None.

Peas	Green Peas. COMMON ALLERGENS PRESENT: None
Pineapple	Pineapple, unsweetened pineapple juice. COMMON ALLERGENS PRESENT: None.
Sauerkraut	Cabbage, water, salt, sodium benzoate and sodium bisulfite. COMMON ALLERGENS PRESENT: None
Spinach	Spinach. COMMON ALLERGENS PRESENT: None
Spring Blend	Diced Potatoes, Peas, Diced Carrots, Sliced Celery, Corn, Diced Onions, Lima Beans, Green Beans COMMON ALLERGENS PRESENT: none
Squash Casserole	Yellow Squash, Onions, Egg, Ranch Dressing SOYBEAN OIL, WATER, DISTILLED VINEGAR, EGG YOLK, BUTTERMILK POWDER (BUTTERMILK SOLIDS, WHEY PROTEIN), CONTAINS LESS THAN 2% SUGAR, SALT, MONOSODIUM GLUTAMATE, SPICES, DEHYDRATED ONION AND GARLIC, LACTIC ACID, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, LEMON JUICE CONCENTRATE, DEHYDRATED PARSLEY, POLYSORBATE 60, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Milk, Egg . CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED, ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK.
Stewed Tomatoes	Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors. COMMON ALLERGENS PRESENT: None
Succotash	Corn, lima beans. COMMON ALLERGENS PRESENT: None.
Tossed Salad	Lettuce, Tomato, Onion. COMMON ALLERGIES PRESENT: None
Tropical Fruit	Water, Pineapple Chunks, Red Papaya Chunks, Yellow Papaya Chunks, Guava

	Chunks, Pineapple Juice, Citric Acid. COMMON ALLERGENS PRESENT: None.
Waldorf Salad	Apples. COMMON ALLERGENS PRESENT: None, Raisins: COMMON ALLERGENS PRESENT: None Celery: COMMON ALLERGENS PRESENT: None SOYBEAN OIL, WATER, EGG YOLKS, CORN SYRUP, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg

Grains

Biscuit	Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm And Soybean Oil, Buttermilk, Less Than 2% Of: Ascorbic Acid, Baking Soda, Dextrose, Monocalcium Phosphate, Salt, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate. COMMON ALLERGENS PRESENT: Wheat, Milk.
Bread Stick	ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, WHEAT GLUTEN, SALT, YEAST, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, CORN FLOUR, MONOGLYCERIDES, CORN STARCH, LACTIC ACID, CITRIC ACID, CALCIUM SULFATE, SORBIC ACID, MONOCALCIUM PHOSPHATE, ACETIC ACID, ASCORBIC ACID. COMMON ALLERGENS PRESENT: Wheat
Brownie	BROWNIE MIX INGREDIENTS: Sugar, Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin

	Mononitrate, Riboflavin, Folic Acid), Palm And Soybean Oil, Cocoa (Processed With Alkali), Corn Syrup Solids, Less Than 2% Of: Artificial Flavor, Baking Soda, Caramel Color, Egg Whites, Red 40, Salt, Sodium Aluminum Phosphate, Soy Lecithin, Wheat Protein Isolate. CORN SYRUP INGREDIENTS: Corn Syrup, Water. COMMON ALLERGENS PRESENT: Wheat, Egg, Soy
Cake	Sugar, Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm And Soybean Oil, Nonfat Milk, Less Than 2% Of: Baking Soda, Color (Annatto, Turmeric), Corn Syrup Solids, Dextrose, Egg Whites, Food Starch-Modified, Monocalcium Phosphate, Monoglycerides, Natural And Artificial Flavors, Polysorbate 60, Propylene Glycol Ester, Salt, Sodium Aluminum Phosphate, Sodium Stearoyl Lactylate, Soy Lecithin, Wheat Protein Isolate, Whey Protein Isolate, Xanthan Gum. COMMON ALLERGENS PRESENT: Wheat, Milk, Soy, Egg
Frozen Berry Crumble	Berries, Sugar, cornstarch, rolled oats, Brown sugar, butter, Cinnamon
Fruit Crisp	Fruit: COMMON ALLERGENS PRESENT: None 100% Whole grain rolled oats. COMMON ALLERGENS PRESENT: None Sugar, molasses. COMMON ALLERGENS PRESENT: None
Cookie	Enriched unbleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, malted barley flour), sugar, palm and soybean oil. Contains 2% or less of the following: dextrose, wheat protein isolate, eggs, salt, natural and artificial flavors (contains milk derivatives), baking soda, ascorbic acid. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat. MAY CONTAIN: Soy
Stuffing	Breadcrumbs [Enriched Wheat Flour (Enriched with Reduced Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), High

	Fructose Corn Syrup, Palm Oil, Salt, Contains 2% or Less of Each of the Following: Yeast, Calcium Propionate (Preservative), Caramel Color, Soy Lecithin], Seasoning [Dehydrated Vegetables (Onion, Celery, Garlic), Maltodextrin, Salt, Sugar, Parsley, Natural & Artificial Flavor, Color (Caramel Color, Turmeric Extract, Turmeric), Celery Seed, Disodium Inosinate & Guanylate, Spice, Hydrolyzed Corn & Soy Protein, Yeast Extract, Citric Acid, Spice Extractives, Contains 2% or Less Silicon Dioxide (Anticaking)]. COMMON ALLERGENS PRESENT: Wheat, Soy
Rice	Rice
Rice Krispie Treat	Toasted rice cereal (rice, sugar, salt, malt flavor, niacinamide, reduced iron, vitamin B2 [riboflavin], folic acid), corn syrup, fructose, vegetable oil (soybean and palm oil with TBHQ for freshness), sugar, corn syrup solids. Contains 2% or less of vegetable glycerin, dextrose, gelatin, natural and artificial flavors (contains milk), salt, DATEM, acetylated monoglycerides, soy lecithin, BHT for freshness. COMMON ALLERGENS PRESENT: Milk, Soy.
Potato Chips, baked	Dried Potatoes, Corn Starch, Corn Oil, Sugar, Sea Salt, Soy Lecithin, Dextrose, And Annatto Extracts. COMMON ALLERGENS PRESENT: Soy.
Gelatin	Orange: Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Natural Flavor, Malic Acid, Citric Acid, Ascorbic Acid (Vitamin C), Yellow 6, Yellow 6 Lake. Lemon: Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Citrate, Sodium Phosphate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake, Yellow 6. Lime: Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake, Blue 1, Blue 1 Lake. COMMON ALLERGENS PRESENT: None.

Pie	PUMPKIN, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN , FOLIC ACID), SKIM MILK, HIGH FRUCTOSE CORN SYRUP, EGGS, VEGETABLE OIL (PALM, SOYBEAN), SUGAR, CONTAINS 2% OR LESS: MILK, MODIFIED CORN STARCH, SALT, SPICES (INCLUDES CINNAMON), CARRAGEENAN, RED BEET JUICE (COLOR), GUMS (GUAR, CAROB BEAN, XANTHAN), SODIUM PHOSPHATE, DEXTRIN. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat.
Tortilla Chips	Whole Grain Yellow Corn treated with Lime, Vegetable Oil (Contains one or more of the following: Soybean Oil, Corn Oil), Water, Salt, TBHQ and Citric Acid (used as a preservative). COMMON ALLERGENS PRESENT: None

Milk/Dairy

Chocolate Milk	Lowfat Milk, Sugar, Contains less than 1% of: Cocoa (Processed with Alkali), Corn Starch, Cocoa, Salt, Carrageenan, Artificial Flavor, Vitamin A Palmitate, Vitamin D3.COMMON ALLERGENS PRESENT: Milk
Puddings	Sugar, Corn Sugar, Modified Food Starch, Sodium Phosphates, Calcium Sulfate, Salt, Natural and Artificial Flavor, Mono- and Diglycerides, Xanthan Gum, Yellow 5, Yellow 6. COMMON ALLERGENS PRESENT: Milk
Yogurt	CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CALCIUM PHOSPHATE, NATURAL FLAVOR, COLOR (ANNATTO EXTRACT, FRUIT AND VEGETABLE JUICE), CARRAGEENAN, PECTIN, CITRIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), VITAMIN A PALMITATE, VITAMIN D3. COMMON ALLERGENS PRESENT: Milk.

White Milk

Reduced Fat Milk, Vitamin A Palmitate and
Vitamin D3. COMMON ALLERGENS PRESENT:
Milk