



# FEBRUARY | 2018

## GMN Senior Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Turkey & Gravy Mashed Potatoes Italian Blend Fruit Cocktail Cookie	<b>2</b> Roast Beef/Gravy Mashed Potatoes Carrots Juice Dirt Pudding
<b>5</b> Shredded Chicken/Bun AuGratin Potatoes Carrot Coins Fruit	<b>6</b> Roast Pork/Gravy Mashed Potatoes Asparagus Applesauce	<b>7</b> Pizza Casserole Tossed Salad/Dressing Italian Vegetables Peaches Breadstick	<b>8</b> Swedish Meatballs Noodles Corn Beets Tropical Fruit	<b>9</b> Smoked Sausage Sauerkraut Mashed Potatoes Apricots Brownie
<b>12</b> Creamed Chicken Biscuit Mashed Potatoes Italian Blend Juice	<b>13</b> Hamburger Gravy Mashed Potatoes Carrots Jello/Peaches Biscuit	<b>14</b> Grilled Cheese Cheese Spread – HDM Tomato Soup Peas Fruit Crackers	<b>15</b> Cheese Ravioli Tossed Salad/Dressing Peas & Onions Baked Apple Breadstick	<b>16</b> Chicken Strips Scalloped Potatoes Sugar Snap Peas Mandarin Oranges Cookie
<b>19</b> <b>CLOSED FOR THE HOLIDAY</b>	<b>20</b> Scrambled Egg Sausage Links Pancakes Home Fries Juice Melon	<b>21</b> Sloppy Joe/Bun Tater Tots Green Beans Banana	<b>22</b> Chicken Pot Pie Spinach/Egg/Onion Salad Mandarin Oranges	<b>23</b> Macaroni & Cheese Stewed Tomatoes Capri Blend Pineapple
<b>26</b> Rigatoni Romaine Lettuce Salad Lima Beans Applesauce Breadstick	<b>27</b> Soup Beans/Ham Cole Slaw Carrot Raisin Salad Fruit Salad Cornbread	<b>28</b> Egg Salad/Bun Vegetable Soup Potato Salad Pears Crackers		

### News

We offer a variety of meals for you to choose from. You can have a daily hot meal, the cold option, or the frozen meal. Just let us know how we can serve you! All meals served with choice of bread and milk.

Congregate:  
You **MUST** call before 9:00 AM to reserve your lunch

Home Delivered:  
You **MUST** call to cancel your meal if you will not be home

Noble Co – 740-732-5129  
Monroe Co – 740-472-1312

**DID YOU REMEMBER  
YOUR DONATION??**