



JANUARY | 2018

GMN Senior Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed for the Holiday	2 Shredded Chicken/Bun Au Gratin Potatoes Carrot Coins Fruit	3 Smoked Sausage Sauerkraut Mashed Potatoes Apricots Brownie	4 Pizza Casserole Tossed Salad/Dressing Italian Vegetables Cinnamon Peaches Breadstick	5 Swedish Meatballs Noodles Corn Beets Tropical Fruit
8 Chili/Crackers Twice Baked Potatoes Broccoli/Cheese Pears Corn Muffins	9 Creamed Chicken Biscuit Mashed Potatoes Italian Blend Juice	10 Hamburger Gravy Mashed Potatoes Carrots Jello/Peaches Biscuit	11 Chicken Strips Scalloped Potatoes Sugar Snap Peas Mandarin Oranges Cookie	12 Cheese Ravioli Tossed Salad/Dressing Peas & Onions Baked Apple Breadstick
15 Closed For the Holiday	16 Baked Steak/Gravy Mashed Potatoes Winter Blend Apricots Brownie	17 Chicken Pot Pie Spinach/Egg/Onion Salad Mandarin Oranges	18 Sloppy Joe/Bun Broccoli Noodle Soup Green Beans Banana Crackers	19 Macaroni & Cheese Stewed Tomatoes Capri Blend Pineapple COMMODITIES
22 Chicken Breast Hash Browns Brussel Sprouts Fruit Parfait	23 Rigatoni Romaine Lettuce Salad Lima Beans Applesauce Breadstick	24 Soup Beans & Ham Cole Slaw Carrot Raisin Salad Fruit Salad Corn Bread	25 Egg Salad/Bun Vegetable Soup Potato Salad Pears Crackers	26 Italian Meatballs Mashed Potatoes Broccoli Oranges
29 Chef Salad Potato Soup Grapes Muffin	30 Chicken Alfredo Noodles Succotash Cucumber/Tomato Juice	31 Liver & Onions Mashed Potatoes Cooked Cabbage Peaches		

News

We offer a variety of meals for you to choose from. You can have the daily hot meal, the cold option, or the frozen meal. Just let us know how we can serve you! All meals served with choice of bread and milk.

Congregate:
You **MUST** call before 9:00 AM to reserve your lunch.

Home Delivered:
You **MUST** call to cancel your meal if you will not be home.

Noble Co. 740-732-5129
Monroe Co 740-472-1312

Did you remember your donation???