



# DECEMBER | 2017

## GMN Senior Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Please remember your donation!!		All meals are served with choice of bread and milk	1 Stuffed Pepper Irish Potatoes Parmesan Brussel Sprouts Peaches
4 Beef Stroganoff Noodles Peas Cauliflower Fruit Parfait	5 Chicken Picatta Scalloped Potatoes Carrots & Cabbage Tropical Fruit Cookie	6 Liver & Onions Baked Potatoes Italian Blend Apple Juice Brownie	7 BBQ Pork Potato Soup/Crackers Broccoli Apricots	8 Chicken & Noodles Mashed Potatoes Tossed Salad/Dressing Fruit Crisp
11 Chicken Patty/Bun Vegetable Soup Peas Oranges Muffin	12 Mostacholi Carrots Cauliflower Grapes	13 Swiss Steak AuGratin Potatoes Broccoli Pears	14 Turkey Rollup Dressing Mashed Potatoes Parmesan Brussel Sprouts Pineapple	15 Closed for Staff Inservice
18 Chicken Strips Quinoa Mac & Cheese Green Beans Cucumber/Tomato Juice COMMODITIES	19 Turkey Wrap Broccoli Noodle Soup Pineapple Chunks	20 Pizza Burger Tater Tots Tossed Salad/Dressing Peaches	21 Smoked Sausage AuGratin Potatoes Stewed Tomatoes Peaches Cookie	22 Ham Sweet Potato Casserole Green Bean Casserole Grape Juice Poke Cake
25 Closed for Holiday	26 Closed for Holiday	27 Tuna & Noodles Peas Tossed Salad/Dressing Applesauce	28 Egg & Sausage Bake Pancakes Tater Tots Green Beans Juice	29 Pork Loin Mashed Potatoes Sauerkraut Peaches

### News

**NEW OPTION: WE NOW OFFER DAILY A COLD LUNCH OPTION! INSTEAD OF A HOT LUNCH, YOU HAVE THE OPTION OF RECEIVING A BOX LUNCH. YOU MUST RESERVE THIS BOX LUNCH BY 9:00 AM.**

**Noble - 740-732-5129**

**Monroe - 740-472-1312**

### **Congregate:**

**You MUST call before 9:00 AM to reserve your lunch meal**

### **Home Delivered:**

**You MUST call to cancel your meal if you will not be home.**

*Well done is better than well said - Ben Franklin*