



# SEPTEMBER | 2017

## GMN Senior Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px dashed black; padding: 5px;"> <b>SENIOR DAY AT THE NOBLE COUNTY FAIR!            SEPTEMBER 1, 2017            Ice Cream Social!</b> </div>				1 Cheeseburger or Hot Dog Macaroni Salad Baked Beans Melon
4 <b>Closed for Holiday</b>	5 Chef Salad Crackers Angel Food Cake Strawberries	6 Roast Pork Sauerkraut Mashed Potatoes Applesauce Brownie	7 Baked Steak Mashed Potatoes/Gravy Green Beans Cantaloupe	8 Chicken Breast Parsley Potatoes California Blend Pears Vanilla Wafers
11 Chicken Patty Steak Fries Green Beans Orange	12 Chicken Nuggets Pasta Salad Sweet Potato Fries Cauliflower Watermelon Vanilla Wafers	13 Swiss Steak Cheddar Mashed Potatoes Beets Fruit Cocktail Pudding	14 Spinach Salad Soup/Crackers Grapes Muffin	15 Liver & Onions Hash Browns Carrots Juice Gingersnaps  COMMODITES
18 Chicken Strips Loaded Baked Potato Broccoli & Cauliflower Berries	19 Chicken Alfredo Linguini Green Beans Pea Salad Pineapple	20 Smoked Sausage Macaroni & Cheese Carrots Seven Layer Salad Juice	21 Taco Cups Refried Beans Mandarin Oranges Rice Krispie Treats	22 Turkey/Dressing Sweet Potatoes Capri Blend Fruit Cocktail
25 Cubed Steak Mashed Potatoes/Gravy Green Beans Apricots Cookie	26 Chicken Fajitas Spanish Rice Fiesta Corn Mandarin Oranges	27 Grilled Chicken Salad Fruit Cup Breadstick	28 Ham Loaf Perogies Brussels Sprouts Banana	29 Meatball Sub AuGratin Potatoes Broccoli Peach

### News

**NEW OPTION: WE NOW OFFER DAILY A COLD LUNCH OPTION! INSTEAD OF A HOT LUNCH, YOU HAVE THE OPTION OF RECEIVING A BOX LUNCH. YOU MUST RESERVE THIS BOX LUNCH BY 9:00 AM.**

**Noble - 740-732-5129  
 Monroe - 740-472-1312**

**Congregate:  
 You MUST call before  
 9:00 AM to reserve  
 your lunch meal**

**Home Delivered:  
 You MUST call to  
 cancel your meal if  
 you will not be home.**

*We awoke one morning in  
 September, and the world  
 lurched on its axis - Jeb Bush*